Autumn Winter WEDNESDAY THURSDAY TUESDAY FRINAY MONDAY 2025 2026 HEBER **WEEK ONE Option One** Plant Balls in Tomato Beef Lasagne with Roast Chicken, Stuffing, **NEW** Chicken Biryani Fishfingers or Salmon Sauce with Rice Garlic Bread Roast Potatoes and Fishfingers with Chips & 03/11/2025 Gravv Tomato Sauce 24/11/2025 Cheese and Bean Pasty Beetroot and Lentil Autumn Vegetable Vegetarian Wellington **NEW** BBQ Vegetarian **Option Two** 15/12/2025 Burger in a Bun with Lasagne with Roast Potatoes and Sausage Pasta with with Chips and Tomato Potato Wedaes Gravy Garlic Bread Sauce 12/01/2026 Vegetables 02/02/2026 Vegetables of the Day 23/02/2026 Dessert 16/03/2026 **NEW** Apple Crumb Cake Cheese and Crackers Fruit Medley Jelly with Mandarins Fruit Platter with Custard WEEK TWO **Option One** Classic Cheese and Spaghetti Meatballs in Tomato Breaded Fish or Tomato Pizza Sauce with Rice Fishfingers with Chips & Bolognaise 10/11/2025 with Wedges BBQ Chicken or Quorn Tomato Sauce with Seasoned 01/12/2025 Mild Mexican Chilli with Vegan Spaghetti Creamy Chickpea and Cheese Whirl with Chips Potatoes and 22/12/2025 **Option Two** Rice Bolognaise Coconut Curry with Rice and Tomato Sauce Sweetcorn Salsa 19/01/2026 09/02/2026 Vegetables of the Day Vegetables 02/03/2026 Fruit Salad Cheese and Crackers **NEW** Gingerbread Fruit Medley Jelly with Mandarins 23/03/2026 Dessert Cookie **NEW** Chicken 50% Roast Chicken with Fishfingers with Chips & Macaroni **WEEK THREE Option One** Cheese Enchilada Bake with Roast Potatoes and Mild Caribbean Chicken Tomato Sauce Paprika Wedges Gravy with Golden Rice 17/11/2025 08/12/2025 Caribbean Stew with **NEW** Chefs Special Lentil **Option Two** Tomato Pasta Vegan Sausage and BBQ Quorn with Chips & Golden Rice 05/01/2026 Curry with Rice Roast Potatoes and Tomato Sauce 26/01/2026 Gravy 16/02/2026 Vegetables Vegetables of the Day 09/03/2026 Fruit Salad **NEW** Jamaican Ginger Cheese and Crackers Jelly with Mandarins Fruit Platter Dessert 30/03/2026 Cake with Custard ALLERGY INFORMATION: MENU KEY Chef's Special If you would like to know about particular allergens in foods please Added Plant Protein Wholemeal ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad

selection - Fresh Fruit and Yoahurt

to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.



