



Newsletter

Heber Primary School

Heber Road, London, SE22 9LA

t: 020 8693 2075

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Immersion Day – Year 2

Issue number: 15 Friday 24th January

We had so much to fit in our Immersion Day that it actually extended over 2 days! (Just don't tell Mrs Kyrios!) Our first session was asking questions about the Great Fire. We recorded these on our working wall. We began answering them straight away when we watched an episode of Magic Grandpa on the Great Fire (a tv show from the olden days of 1995.) Next, we learnt what London would have looked like at the time - people lived in a type of house now called Tudor Houses (though it was actually the Stuart era) and we learnt that we know what these looked like from drawings from the time and that there are still some Tudor houses around today. We then designed our own Tudor house which we labelled with the correct vocabulary such as wattle and daub (this was made from poo!) before building our own using junk modelling. Next, we baked bread - you just need flour, yeast, water and a little salt. It was so delicious. Finally, we came together as a year group to recreate 1666 London with the houses we had built. The houses would have all been very close together and it was easy to see why they would have been so flammable as they were made from wood, wattle and daub and often had thatched roofs. We did a drama session as a year group to recreate what it would have been like for the firefighters to have attempted to put out the fire. We can't imagine a fire squirt would have been very effective! The sessions were so much fun and we can't wait for our trip into London to find out more!



Immersion Day – Year 5

On Friday, it was our Immersion Day. We started off the day by making Anglo-Saxon long boats and shields. After that we had a workshop where we acted out lots of things like building a ham (village) and Beowulf, an Anglo-Saxon tale. In PE we played invasion games as the Anglo-Saxons, one was called 'capture the flag'. One team were vikings and the other were the Saxons. It was a great day and we learnt a lot!

(Written by Eve 5B)





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Stars of the Week

Congratulations to the following children who were chosen as the Star of the Week for demonstrating our school values:

RC	Natalie	RH	Jamila
1C	Rayan	1V	Juliana
2CP	Sophia	2S	Lucy
3R	Priscilla	3W	Minnie
4DL	Luca	4H	Talya
5B	Gia	5K	Carney
6A	Sisi	6F	Bridget

Academic Excellence Awards

In our Merit Assembly we celebrated the successes of a child from each class, who excelled in their learning and produced some outstanding work. Well done to the following children:

RC	Freya	RH	Tabitha
1C	Cayla	1V	Xanthe
2CP	Bella	2S	Dhriti
3R	Medina	3W	Sofia
4DL	Milan	4H	Peter
5B	Keitty	5K	Florence
6A	Fred	6F	Chester

Year 4 Netball – Heber V Allyn's

On a sunny but crisp winter afternoon, Heber's Year 4 netball teams - the Crocodiles, Armadillos and Bears - faced off against Allyn's in a series of thrilling matches. The Crocodiles put up a great fight, showing off their speed and teamwork. The Armadillos dazzled with clever passes and quick footwork, whilst the Bears played a tense and exciting game that kept everyone on the edge of their seats. The amazing parent supporters and cheerleaders on the side lines kept the energy high, offering endless encouragement. A huge thank you, as always, to Coach Kate for giving up her time and sharing her expert tips. It was a fantastic day all around, proving that in netball, it's all about bouncing back and having a ball!





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Heber SEND Tips

This week's tip is about: Dyslexia

Dyslexia is thought to affect 10% of the UK population, with many surveys placing it even higher at 15%. For a long time, Dyslexia was thought of as something that was related to an inability to spell, however, we now know that Dyslexia is a specific learning difficulty which primarily affects reading and writing skills, but also many others. Dyslexia is about information processing which can affect what people see, hear, acquisition of literacy skills and organisational skills.

The below link shares more information on what Dyslexia is:

<https://www.bdadyslexia.org.uk/dyslexia/about-dyslexia/what-is-dyslexia>



It is important to remember that everyone with Dyslexia (or any diagnosis for that matter) is an individual first. We have a range of different ways to support our pupils with Dyslexia, however, research shows one of the best ways is through Quality First Teaching that ensures all pupils are able to access learning. If you want to know more information about how we support or have any queries about your child possibly having Dyslexia, please do not hesitate to contact me.

Any suggestions for future topics, please feel free to email Mr Croyle (SENCO) at scroyle@heber.southwark.sch.uk

Mr Croyle (SENCO)

News from the Art Room

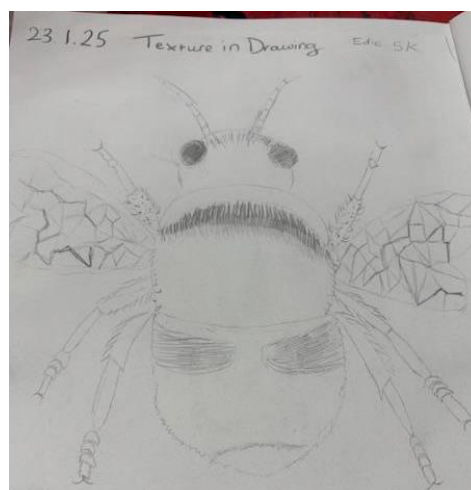
Year 1 did some fantastic gestural drawing of fruit for their Old and New topic.

Year 5 focused on creating texture in drawing and began a 'bee study'.

Year 6 had fun creating environmental works of art with a message and photographing them in the playground. These were inspired by the work of Libby Oliver.

Please could **YEAR 6** bring in empty, clean yoghurt pots for a mini sculpture we are making next week.

Please could **Year 2** and **Year 5** bring in a photograph of their mother or a special female in their life for the annual local Mother's Day portrait competition.





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Children's Mental Health Week

Children's Mental Health Week begins on Monday 3rd February 2025! The children will be learning how to support their mental health using a variety of different activities. On Friday 7th February, we celebrate our SCARF values that promote children's health and wellbeing. SCARF represents our values for children of Safety, Caring, Achievement, Resilience and Friendship and are taught through our PSHE curriculum. Wear Your SCARF Day invites everyone to wear a scarf as a symbol of support for children's wellbeing.



Wear Your

SCARF

Day



Mental Health Parent Workshop – Friday 7th February 9am

We are excited to invite you to an engaging workshop focused on supporting our children's mental health and well-being. Join us as we explore how we use the RULER framework at school, a fantastic tool that helps children understand and manage their emotions effectively.

We'll also discuss the interventions in place aimed at tackling anxiety and boosting self-esteem among our students. Moreover, we'll delve into the impact of gender stereotypes on children's mental health, as these societal pressures can significantly affect their emotional development.

This is a great opportunity to learn more about our approaches and how you can support your child's well-being at home.

Follow the link to sign up for the workshop : <https://forms.gle/kV8sBbNधि8SD4uC6>

House Points	Rigal	Mycroft	Valdez	Ndume
				
This Week	659	657	653	661
Total	1803	1799	1797	1802



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News from Miss Grace

It has been a great few weeks of music making at Heber!

Year 1 have been learning to play long (semibreve) sounds and short (crotchet) sounds and have been creating rhythmic patterns using them.

Year 2 have been exploring different dynamics. They have been learning the meaning of piano and forte and how to play different dynamics on various instruments.

Year 3 have started learning the recorder. They learned how to correctly assemble, hold and blow their instruments. They learned to play B and played their first piece with a backing track.

Year 4 have learned the open and bass tones on the djembe. They have played in call and response as well as exploring playing polyrhythms.

Year 5 have started learning 'you are my sunshine' on the steel pans. They have learned the G major scale and G major arpeggio.

Year 6 are preparing their ukulele pieces for class assembly. They are learning C, F and G7 chords as well as plucking melodies.





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January

Tuesday 28 th	6A Class Assembly (9:15am) Year 4 Immersion Day
Wednesday 29 th	Year 1 Immersion Day
Thursday 30 th	2CP trip to London Guildhall
Friday 31 st	Get Rid of and Donate Collection (3.20pm) Year 5/6 Netball away match at St Johns and St Clements (3.30pm)

February

Monday 3 rd	Maths Parent Workshop for Years 5 & 6 (3.45pm)
Monday 3 rd – Fri 7 th	Children's Mental Health Week
Tuesday 4 th	2S Trip to Guildhall 6F Class Assembly (9.15am)
Friday 7 th	Mental Health Parent Workshop (9.15am) Reception Space Exhibition 'Wear your SCARF' to school day to celebrate Children's Mental Health Week Year 5/6 Netball home match v St Johns and St Clements (3.30pm)
Tuesday 11 th	Safer Internet Day 5B Class Assembly (9.15am) 6F Trip to Horniman Museum 1C trip to Science Museum
Thursday 13 th	6F Trip to Southbank Centre for World Book Day Maths Parent Workshop for Years 1 & 2 (3.45pm)
Friday 14 th	6A trip to Horniman Museum
Monday 17 th – Friday 21 st	Half Term
Tuesday 25 th	3R Trip to Wetlands Centre
Wednesday 26 th	1V trip to Science Museum
Friday 28 th	Get Rid of and Donate

March

Monday 3 rd – Friday 7 th	Heber Book Week
Tuesday 4 th	3W Class Assembly (9.15am)
Thursday 6 th	World Book Day (Heber Dress up day – either as a book character or bedtime story attire!)
Tuesday 11 th	4H Class Assembly
Wednesday 12 th	Primary Arts workshop – Year 4
Thursday 13 th	P&F Quiz Night
Tuesday 18 th	5K Class Assembly (9.15am) Parents' Evening
Wednesday 19 th	Nursery Parents' Evening
Thursday 20 th	Parents' Evening
Monday 24 th	3W trip to London Wetlands Centre
Monday 24 th – Wednesday 26 th	Year 5 Residential
Tuesday 25 th	3R Class Assembly
Friday 28 th	Perform Drama Workshops (Nursery – Year 1)