



Newsletter

Heber Primary School

Heber Road, London, SE22 9LA

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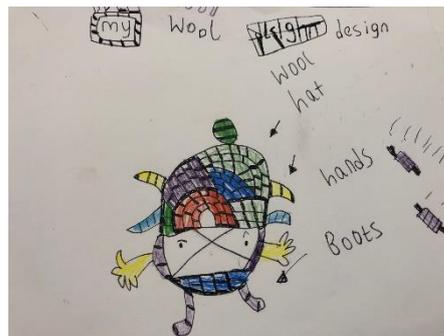
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This Week in the Art Room

Issue number: 6 18th October 2019

Year 5 artists (Dolphins), have been busy exploring the “Wonders of Wool” throughout this half term. The children have researched and selected their favourite British sheep breed, carried out scientific investigations into the insulation and waterproof properties of wool in contrast to other man made fabrics, as well as experimented with different woollen craft processes. The children also made BIG discoveries into how detrimental the fashion industry is to our world at present, as well as looking back to how reliant the Anglo-Saxons were on wool in the past. What can we all learn?! Everyone has been put to the test (including Ms Davies!) The children produced some fabulous wool garment designs to enter into the “Farmvention” Competition. They had to consider all of their prior research as well as what type of wearer they are designing for. Finalists will present their work at the Houses of Parliament in the Spring term! The winners get their design made into an actual garment as well as additional school and class prizes! Totally worth all the hard work team!

Additionally, there is an image showing one of our Year 6 artists (in Snow Leopards) mid process creating their head in clay. Please do go and see all of their work on display in the office!



Let's Get Physical, Physical – Health and Well Being Week

On Thursday morning the whole school walked to the Alleyns top pitches. The clouds suddenly parted and bright sunshine flooded the field. Children wearing sports clothing of their choice, someone was even seen wearing a Charlton football top! Teachers were clad in 80s aerobics outfits, paying respectful homage to Jane Fonda.

The queen of the lycra was Miss Jefford who also brought her beat box and played wonderful 80s aerobics anthems. An intense whole school work-out ensued. Lead by Mr Neve-Dunn and enthusiastic Yr5s and Yr6s, the session would have had Jane Fonda or Mr Motivator purring with pride. After the physical exertions the focus changed. We moved onto a group mindfulness session where the children closed their eyes and focused on their breathing (or gasping) while listening to the birds in the nearby trees.

Mr Neve-Dunn delivered the Mindfulness through a megaphone which was not as contradictory as it sounds. The staff were able to relax; regathering their energy and focus after the stresses and strains of last week's Ofsted visit. Meanwhile the groundsmen who work at Alleyns school looked on, rather baffled by the strange school lead by staff in neon lycra who meditate together on their top pitches.

It was a wonderful event where the school got to show how together and how everyone supports each other. Over 400 children standing silently on a damp grassy field meditating sensibly is not the start of a new cult but evidence of how we all feel part of a team. Well done everyone!



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The Daily Mile

Well the first thing to state is that it is not a mile and it is not daily. We have been looking at ways to make our school more active and during Well-Being Week we trialed this activity. On two occasions during the week Key Stage One children ran around the playground for 15 minutes, and the Key Stage Two ran around the block. The sight and sounds of hundreds of enthusiastic Heber children doing a lap, or two, of the block is not intended to frighten our neighbours or the local cats. Indeed, it is hoped that the energy of the children will inspire the local community as they go about their daily business.

After half term we are looking at timetabling this as regular activity and involving parents. One lap of the block is about 600 metres, no PE kit required. It is simple, fun and energising. Watch this space.

Dulwich College Football Tournament

On Tuesday 1st October, a mixed Year 4-6 team from Heber School entered the Annual Dulwich College Football Festival as one of only 3 state schools from 28 in total. The competition was fierce, however our team battled hard in all 6 matches. First up was Dulwich Prep with whom a worthy 0-0 draw was obtained. After two narrow defeats the team found themselves in the next group stage. In this group Heber finished 2nd winning their last match 2-1. The team relied heavily on the experience of Ethan and Reuben, and was able to introduce some new blood from Year 4 in the shape of Leo and Max Lacey. The future looks bright for Heber Football!

London Half Marathon Places Available

Only 20 Heber P&F charity spaces are left for the London Vitality Big Half Marathon on Sunday 1st March 2020. Secure your place now and start your training over the half-term holiday.

We have 15 teachers and 25 parents signed up to participate in this event. This is a brilliant opportunity to run a half marathon, inspire our children, and hopefully raise some money for our school via sponsorships.

Take on this iconic half marathon and you'll enjoy a stunning 13.1-mile course, starting at Tower Bridge and finishing at the Cutty Sark in Greenwich.

If you like to participate, please contact Vanessa Franks directly via vanessafranks@hotmail.com.



School Council Results

Thank you to everyone who took part in the School Council and Eco Committee elections. It was fantastic to see so many pupils putting themselves forward for these roles. The children put an impressive amount of effort into their campaigns and we heard some incredibly thoughtful manifestos. The results were very close. Congratulations to the following children who will be representing their year groups this year:

School Council

- Year 1 – Jack B and Amelie
- Year 2 – Linus and Freya
- Year 3 – Noah and Ella
- Year 4 – Samuel D and Solanja
- Year 5 – Milo and Tabby
- Year 6 – Elliot and Priya

Eco Committee

- Year 1 – Harrison and Sisi
- Year 2 – Ivo and Kai
- Year 3 – Grace and Betsy
- Year 4 – Nory and Bonnie
- Year 5 – Stevie and Emme
- Year 6 – Beth and Eva



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Black History Month at Heber

October is Black History Month; a time set aside each year to celebrate the achievements of black men and women in the past and today. We have been learning about significant figures from Black History through our weekly assemblies with Mrs Joseph-Williams and each class has also chosen their own black hero to learn about in their lessons. The outcome has been a fantastic whole school assembly where each class took turns to present their hero to the rest of the school. Some classes sang songs, others did presentations, while others shared artwork and poems inspired by their black hero.

Year 1 sang all together Louis Armstrong, What a Wonderful world from 1967. In class they have been watching Louis sing it, learning about his life and working on lots of dance actions to go with the song!

In 2B, the children have been learning about one of South Africa's most famous artists, Dr Esther Mahlangu. The children have studied her paintings and have been inspired to use geometric shapes and bold colours like Mahlangu's work.

In 3A the children have been studying Rosa Parks and the huge impact that she had on equal rights for black people. The class learned about segregation in America and how Park's decision not to give up her bus seat to a white man led to the birth of the Civil Rights movement.

3P have been inspired by how Maya Angelou overcame challenges in her childhood to become a power voice for equality. They wrote their own version of 'Life Doesn't Frighten Us at All' which is about the many things that frighten a child. This poem also reminded the children that no matter the obstacles they face in life; they can overcome them.

4P have been learning all about the impact that Stevie Wonder has had on black history and culture. They researched key facts about him learnt the song Happy Birthday. Did you know that he wrote that song to commemorate Martin Luther King Jnr?

In 4S the children have been learning about the inspirational actor Sidney Poitier. He was the first black actor to ever win an Oscar (he has actually won two Oscars!) and showed audiences around the world that black actors were just as talented as white actors.

5M have been studying Dr Mae Jemison who was the first female black astronaut. They looked at the journey she took to get to this achievement and the different obstacles she had to overcome

5C have been learning all about Harriet Tubman, who was born into slavery but escaped to freedom and went on to free many others using the Underground Railroad. The class created their own quilts full of secret codes that were possibly used during this time to help guide slaves to freedom.

6K researched the life of Benjamin Zephaniah. The children then shared some of his poems and discussed which ones they liked and why. From that discussion they chose three to perform to the rest of the school in the black history assembly.

6F enjoyed finding out about Malorie Blackman, the author. They focused on her book 'Cloudbusting' where each chapter uses a different type of poetic form. They performed the first chapter, which is about a new boy at school who gets 'Fizzy Feet' one day in assembly and is teased by the class bully because of it.



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Music News

What a way to finish off the half term. Key Stage 1 have been combining learning of rhythm and pitch on the stave and compositional learning around pulse. Lower Key Stage 2 have been finishing instrumental objectives, while Upper Key Stage 2 have been pushing themselves to finish multi-step projects. We have all contributed to our new whole-school music display, and the bands during the drop-in slots at lunch time have started apace.

Christmas Raffle Prizes Needed

The Heber Christmas Fair is on Sunday 15th December and local businesses are generously donating lovely prizes for our raffle. But the Heber P&F are still in need of some Star Prizes to make the Heber Raffle special.

Do you or someone in your family work for a company who might be able to donate a special STAR PRIZE?

It is a great way to help the school to raise much needed funds, and also promote a business or product, as our raffle is advertised widely throughout the school.

Previous Star Prizes donated from parents/carers have included clothing, wine, electricals, homewares, theatre tickets, handbags.

Weekly Music Awards

The following awards were announced in our weekly Merit Assembly.

Key Stage 1: Edward from 1H is the Key Stage 1 Music star of the week, this week. To see Edward blossom into this engaged, confident musician who wants to perform his piano learning to the whole class has been a true delight this term. Keep up the progress, Edward.

Lower Key Stage 2: Raehim from 4P came to me last week to tell me he had a performance he wanted to share with his peers. Just the effort he had undertaken in his own time was inspirational enough, but when he told me it was a Stevie Wonder song he had researched all by himself for Black History month, I was particularly impressed.

Upper Key Stage 2: I think that when the musical week at Heber already gets going first thing on a Monday morning, it is easy to tell it will be a great week all round. In our assembly on Monday morning, Charlie from 6F showed his passion and positive energy towards music by singing passionately (but sensibly!). He is an inspiration for his attitude towards music even when not in a music lesson.

Reading Workshops

Lynn Sear, Director of The Literacy Tree and English Consultant, will be coming to Heber on **31st October** to deliver two parent workshops. This is a fantastic opportunity to come along and learn how to support your children at home with their reading.

9:30am -10:30am - Early Reading (aimed at Reception & KS1)

- Supporting children with early book behaviours and
- Helping children to apply their phonics in 'real reading'
- Reading strategies
- How to select appropriate books
- The importance of asking questions

11:00am -12:00pm - Engaging and establishing reading (Year 3+)

- How to tackle a reluctance towards reading
- Where screens can fit in
- Selecting the right books
- Reading to children
- What is happening in school teaching
- Finding the time to read – reading materials and habits

Please leave a message in the school office to confirm a place on these workshops.



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A Trip to Number 10

Yesterday, I had the honour of accompanying William in Year 6 to Downing Street. William's journalistic talent was spotted when he visited the First News offices at the end of last year with the Heber Gazette team. This led to him receiving an invitation to a tour of Downing Street and a Q&A session with the Prime Minister. Unfortunately, the PM had to pull out at the last minute. Something about other commitments. Instead, the Q&A session was held with Gavin Williamson, Secretary of State for Education. William put his question to Gavin Williamson in the State Dining Room at 10 Downing Street. His full write up, along with some interesting facts that he learnt about Downing Street will be featured in our next edition of the Heber Gazette. William's account of Gavin Williamson's response will also feature in the next edition of First News alongside the other children's pieces.

My trip to Number 10

William Elias

I visited No 10 Downing Street with Ms Rosenberg and asked Gavin Williamson, Secretary of State for Education, "If under 18s were allowed to vote, how do you think modern politics would be different?".

He seemed to find my question quite hard to answer. The answer I got was "Whatever their age, most people have a core opinion on politics, so [allowing children to vote] would only slightly change it or strengthen opinions." The children who came from other schools had asked him about topics like climate change, racism, help for people with disabilities, and he said that children care just as much if not more about these big topics as adults, and children's views would only be slightly different to adults' views.

I thought the answer he gave me wasn't a full answer, and he seemed quite cautious not to imply that big political decisions would have been different if children were voting as well as adults.



HEBER P&F PRESENTS...

HALLOWEEN CAKE SALE

30.10.19 | WEDNESDAY | 3:20PM

50P PER CAKE



WE NEED YOUR SPOOKY CAKES, BAKES AND BISCUITS

PLEASE BRING YOUR CAKES TO SCHOOL ON TUESDAY AFTER SCHOOL/WEDNESDAY MORNING

PLEASE REMEMBER WE ARE A NUT FREE SCHOOL AND TO LABEL ANY CONTAINERS



HALLOWEEN DISCO

FRIDAY 1ST NOVEMBER



Come dressed in your spooky Halloween costumes....will it be a disco trick or treat?

Disco Trick: KS1 4:15 - 5:15
Disco Treat: KS2 5:30 - 6:45

All tickets £3.50



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Stars of the Week

Congratulations to the following children who were chosen as the Star of the Week in Merit Assembly this week:

Reception – Adrian (RE) and Jonah (RC)

Year 1 – Aiden (1L) and George C (1H)

Year 3 – Anthony (3P) and Samuel (3A)

Year 5 – Anna (5M) and Kamilah (5C)

Year 2 – Linus (2DJ) and Uzair (2B)

Year 4 – Violet (4P) and Nancy (4S)

Year 6 – Jack (6F) and Farah (6K)

October

All diary dates are available on the school website calendar.

Monday 21 st – Friday 25 th	HALF TERM HOLIDAY
Monday 28 th	4 week enrichment science project at Alleyn's begins for 4P
Monday 28 th (5:30pm)	Mathletics Parent Workshop
Monday 28 th – Friday 1 st	Year 3 swimming lessons at Alleyn's
Wednesday 30 th	Year 2 Bright Sparks Concert at Royal Festival Hall - Zog
Wednesday 30 th (3:20pm)	Halloween Cake Sale
Thursday 31 st	Secondary school application deadline
Thursday 31 st (9:30am and 11:00am)	Reading Parent Workshops with English Consultant

November

Friday 1 st	Halloween Disco
Monday 4 th (9:15am and 5:30pm)	Maths Workshop – How to support at home (Art Room)
Thursday 7 th	Flu immunisations for Reception – Year 6
Friday 8 th (7:30pm)	Heber Quiz Night
Monday 11 th – Friday 15 th	Anti-Bullying Week
Wednesday 13 th and Thursday 14 th	Individual and sibling photos
Thursday 28 th (9:15am and 5:30pm)	GSuite Parent Workshop

December

Monday 2 nd and Wednesday 4 th (2:30pm)	Nursery and Reception Christmas performance
Monday 9 th (2:30pm) and Tuesday 10 th (9:30am)	KS1 Christmas performance
Friday 13 th (9:30am and 2:15pm)	Years 3 and 4 Christmas performance
Saturday 15 th (12:00pm – 3:00pm)	P&F Christmas Fair
Thursday 19 th (9:30am and 2:15pm)	Years 5 and 6 Christmas performance
Friday 20 th	Last day of term – School closes at 2pm



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any time you shop with  **easyfundraising**
feel good shopping

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now