



Newsletter

Heber Primary School

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Hello Yellow!

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World Mental Health Day 2020

YOUNG MINDS

fighting for young people's mental health

What a great day we have had raising awareness of such an important cause. Thank you for your support, the children looked brilliant in all their yellow; it certainly brightened up a grey day.

Our children are all very aware of what they need to do in order to keep their bodies healthy, but when it comes to keeping their minds healthy they all need a little more help, especially during such challenging times as we are going through now. The activities that have taken place in each class teach all the children the skills they to help them to manage their emotions. There have been a wide range of activities across the school, such as: making feelings wheels in Year 1, colour monster making in Year 2 and resilience building in Year 6.

A very important message shared with our children in a very fun way!



Heber Children to Become Internet Legends!

We are really excited to announce that the children in years 3-6 will be taking part in a live online assembly via Youtube, on Tuesday 13th October. The 'Be Internet Legends' assembly is run by Google and Parent Zone, and is designed to teach children the skills they need to be safe and confident online. This exciting opportunity perfectly complements our Computing curriculum, which teaches all KS1 and KS2 children the importance of becoming a safe and respectful Digital Citizen.

During the assembly, we will take an educational adventure through the world of 'Be Internet Legends', interacting from our class teacher's computer via Youtube's chat function. There'll be a chance for shout-outs and children's messages to be read out live, and we will even be joined by our local MP, Helen Hayes. The key themes of the assembly will include the 'Be Internet Legends' code: Think before you share; Check it's for real; Protect your stuff; Respect each other; and When in Doubt, Discuss.

If you would like any more information about the 'Be Internet Legends' program, you can find out more on their website:

https://beinternetlegends.withgoogle.com/en_uk/.



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Sports Lessons on Alleyns Top Field – Latest Update

Gradually we are managing to get more classes up to the grassy uplands of the Alleyns top field. This week 3C, 4W and 2L had action packed lessons on the soft green expanses. We are allowed access on Thursday from 9.30 to 11.30 and on Friday from 11.30 until 12.30 – three hours in total this term.

We are working to see if we can get more classes up to the top field during these times. Parents volunteering time to walk the children to and from the Alleyn's savannah is fantastically helpful.

On Thursday it was very pleasing to see several Heber parents set free on the grassy uplands. They were like young colts running across the prairie. Although there was a suspicion that they only came because they wanted fresh cocktails or perhaps a glass of Provençal red (see previous newsletters). The weather was a bit chilly so we had to make do with single malt whiskey from Scotland and hot lemon.

The lesson was based around mental alertness, coordination and stamina. The Heber children showed great skill at all the running and agility challenges. It was great to have parents present to take part in the activities. However, it was politely noted by children that the parents were struggling to keep up... and they kept on dropping the ball!

With everything so closed at the moment it was great to have the parents involved in a PE outdoor activity. Please come along if you want to improve your coordination and mental alertness!

Active London Conference 2020

For 4 days next week there is the biggest annual sporting conference in the country. Mr Neve-Dunn is presenting on the 'main stage' on Tuesday under the title - *To understand how inequalities influence people's life choices, it's vital that the voices of disadvantaged communities are heard and respected.* He will be discussing how his charity, Burgess Sports, has adapted to the pandemic and how the post-covid sporting environment may look.

He was disappointed to discover that this is a virtual conference, and despite having 'main stage' next to his name he will not have access to unlimited danish pastries and the usual conference freebie knick knacks that you can collect. He will be at home trying to work out Zoom. <https://activelondon.splashthat.com/>



All the School's a Stage

Year 3 have been having a lot of fun using some of the Globe's drama techniques to support our new text "The First Drawing" and help us to empathise with the Stone Age boy in the book. We have created freeze frames, a 'magic canvas', acted out story whooshes and even held an argument using only facial expressions!



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Weekly Music Awards

Key Stage 1: With the xylophone skill of a young Red Norvo, this great musician wowed the players in the lesson and inspired us to play better. His attitude to music is always excellent, and now he is getting the rewards that go with all that hard work. Our Key Stage 1 music star of the week this week has to be Aiden in 2L.

Lower Key Stage 2: On the same subject, our Lower Key Stage 2 music star of the week is also for her xylophone playing skill. Her amazing demo showed the class just how high the level of instrumental skill had to be for the other children in 3C. She acquitted herself like a young Patricia Frost, and with skills like this will continue to wow audiences for years to come. Well done, Sofia from 3C.

Upper Key Stage 2: It takes a lot to rise above the rest in Upper Key Stage 2 at the moment. Our children are focusing so well on their musical goals that the level is incredibly high in the classes. This week, Leo in 5A made huge progress in just one lesson on the new section of our song, and his singing was pitch perfect, rightly earning him the music star of the week award this week.

Stars of the Week

Congratulations to the following children who were chosen as the Star of the Week this week:

- Reception – Vida (RC) and Dylan (RE)
- Year 1 – Shane (1DJ) and Luka(1H)
- Year 2 – Fred (2L) and Celia (2B)
- Year 3 – Frankie (3LE) and Linus (3C)
- Year 4 – Freddie (4W) and Alice (4P)
- Year 5 – Jacob Daniels (5S) and Ariana(5A)
- Year 6 – Thomas (6F) and Luis (6K)

School Council Results

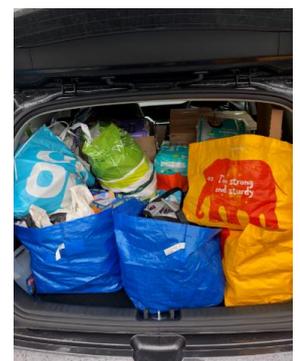
Thank you to everyone who took part in the School Council elections. It was fantastic to see so many pupils putting themselves forward to be on the School Council. The children put an impressive amount of effort into their campaigns and we heard some incredibly thoughtful manifestos. The results were very close. Congratulations to the following children who will be representing their year groups on the School Council this year:

- Year 1: Gia (1DJ) and Jessica (1H)
- Year 2: Bridget (2B) and Warith (2L)
- Year 3: Jamie (3LE) and Ashley (3C)
- Year 4: Alliyah (4P) and Harry (4W)
- Year 5: Ruth (5S) and Maxy (5A)
- Year 6: Laila (6K) and Raia (6F)



Choose Love

Thank you so much for your generous donations to Help Refugees. Tiffany only just managed to squeeze it all into her car to drop it off at the collection point. It should all be making its way to Greece by now.





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Halloween with a Twist - Pumpkin Poster Challenge

Are you ready for a scary challenge?! This year to celebrate Halloween we are asking Heber children to colour in a picture of a pumpkin and display it in your house windows to scare passers-by!

The challenge is to see how many you can spot in and around East Dulwich between 22nd October and 4th November. Watch out for the poster – coming to book bags soon.



Haunted Heber is a FREE event organised by the P&F and run by our school teachers
Donations are welcomed via our Justgiving page <https://www.justgiving.com/pfhs>

October

All diary dates are available on the school website calendar.

Tuesday 13 th	Years 3-6 'Be Internet Legends' live assembly
Wednesday 21 st	Halloween Disco at school
Thursday 22 nd & Friday 23 rd	School Closed – INSET Days
Monday 26 th – Friday 30 th	HALF TERM HOLIDAY
Thursday 31 st	Secondary school application deadline

November

Wednesday 4 th	School photography day – Individual pupil photos
Wednesday 4 th	Closing date for Pumpkin Poster Challenge
Monday 23 rd	Flu immunisations for Reception – Year 6
Friday 27 th	Quiz Night for parents (online)