



Family Charter (Sample)

As a family, we want to feel...

Appreciated, understood, and happy.

In order to have these feelings, we will...

Laugh, share our own feelings honestly, avoid sarcasm, listen respectfully, remember we love each other.

We will manage (and prevent) conflict by...

Talking about potential conflicts before they happen. Letting each other take a moment, when in a bad mood. Respecting each other's boundaries/needs/struggles.



Family Charter

As a family, we want to feel...

In order to have these feelings, we will...

We will manage (and prevent) conflict by...